



## EVO ICL Post-op Expectation Sheet

### Use Drops as instructed below:

- **Pred-Moxi** (blue lid) one (1) drop, 4 times a day for the 7 days.

	Date	Pre-Moxi
Day of Surgery		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
2		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
3		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
4		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
7		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

- **Systane/Refresh** Preservative Free artificial tears as needed for comfort and dryness.
- **Eye Shield** (AT BEDTIME ONLY). Secure with tape from your forehead to cheek for 7 nights.

\*\*\*USE DROPS 2-3 MINUTES APART\*\*\*

### Post-operative Instructions:

- **DO NOT** rub your eye for the first week.
- Burning, itching, and a scratchy feeling is normal for 1-2 days.
- A red spot (hemorrhage) on your eye is not alarming and will resolve on its own.
- You may bathe or take a shower normally, but no direct water into the eye for one week.
- No swimming pools, hot tubs, saunas, rivers, lakes, oceans, streams, etc. for 1 full week post-surgery.
- Walking and mild to moderate exercise are fine; no heavy lifting, keep it under 25 lbs. for one week.
- No Bending past the waist, straining or stooping down for 7 days post-surgery.
- Wear sunshades when outdoors if light sensitive.
- Begin to drive when you are comfortable with your vision, which is usually the next day.
- No eye make-up for one week.
- Vision will often fluctuate at first and will improve after the dilation has worn off.

### You May Experience:

Flickering lights for several days after surgery. Blurry vision for several days after surgery, depending on your rate of healing.

If you experience pain, increased redness, or a sudden decrease in your vision, call **(817)734-6006**.